



Journey To Real Vision

AWARENESS QUIZ

Use this quiz to determine if you are in tune with your mind, body, and soul. Using the scale below, rate the frequency of the following statements:

3 = Agree

2=Neutral

1=Disagree

- I believe my mental health is stable
- I rarely feel fatigued or drained
- I can easily embrace my creative side
- I engage in activities that make me feel good about myself
- I love to meditate and enjoy the silence
- I feel that my life is on the right track with regard to my career
- I embrace my desires and work towards manifesting them
- I am open and receptive to growth and healing
- I look for signs and synchronicities from the Universe
- I believe I am living my life's purpose

SCORE:

21-30 You are doing a magnificent job at becoming aware. Keep up the amazing work!

11-20 You need to continue working on YOU. You are making progress, so keep plugging away at the courses!

1-10 You are having a hard time knowing how to be aware. You can benefit from coaching at this time.